



Winthrop Commission on Disability MINUTES

Meeting Date: January 14, 2026

Commission Members In Attendance:

John Morgan
Kathleen Kane
Susan Smith
Andrew Carr (Zoom)

Nancy Tufo
Karla Murphy
Hannah Belcher
Jon Rodis (Zoom)

Town Council Liaisons: Pat Costigan, Joe Romano

1. Roll call

2. Approved minutes from December 2025 meeting

3. Town Council Liaison

Welcome to two new liaisons: Pat Costigan and Joe Romano

4. Speaker Series

- March 25, 2026: Staying in Your Home by BCIL; Senior Center; 1 p.m.
- April 29, 2026: ADUs: revised regulations; an alternative to nursing homes/group homes; Hannah will present; can Section 8 be used for an ADU; Senior Center; 1 p.m.
- May 27, 2026: How to Build Your Medical Team & Be an Effective Advocate; Kathleen Kane and Jon Rodis; Senior Center; 1 p.m.

5. Outreach

- Winthrop Comes Together UPDATE: Karla & Nancy attended the 2 hour networking event; it was well-attended –about 60 people attended representing all different groups from our community
- Should we print postcards for distribution at networking events: Commission members agreed

6. Safety Net

- No updates this month

7. Budget / 22G Funds

- John will continue to monitor the funds every six months
- Recent figures as of 12/18/2025
Balance = \$84,875
Revenue 07.01.2025 to 12.18.2025 = \$7200
Expenses 07.01.2025 to 12.18.2025 = \$138.49
- Projected expenses for 2026
Resource Guide: \$2400
Deer Island Event: \$13,000
Safety Net: \$13,000
Postcards: \$200
TOTAL PROJECTED EXPENSES FOR 2026: \$28,600

8. Resource Guide

- Commission members should review sections of the guide to update them by January 23, 2026
- Schedule a spring reprint
- Karla received an updated quote for 200cc from Boyd's Direct--\$2422

9. Other Business

- Karla spoke with Christone Reilly of WIHA about the bricks; the check and its replacement have not been cashed; CR will follow up and get back to Karla
- WCOD website and email addresses need to be updated: Hannah will contact Denise
- Boston Region Metropolitan Planning Organization sent an email about small group discussions in early February; there is a link in the email to sign up; commission members are encouraged to sign up
- Commission members signed postcards at BCIL's request to stop the cuts for PCA services; Susan Smith of BCIL will deliver signed cards to BCIL

10. Goals for 2025-2026

- Hold the 2nd Accessible Adventure event next August
- Work with Dept of Health and Police to establish a registry
- SafetyNet
- Speaker Series
- Resource Guide

NEXT MEETING: February 11, 2026 at 6 p.m.

Respectfully submitted,
Karla Murphy