



WINTHROP WEEKLY

NEWS AND ANNOUNCEMENTS FOR THE TOWN OF WINTHROP

October 3, 2024

TOWN OF WINTHROP PUBLIC CALENDAR

All meetings and agendas are posted up to 48 hours in advance. Click on meeting information below to read posted agendas.

WPS Policy Sub-committee

October 7, 2024, 5:00 PM
Harvey Hearing Room
[More Details](#)

School Committee

October 7, 2024, 6:00 PM
Harvey Hearing Room
[More Details](#)

Board of Health

October 8, 2024, 3:30 PM
Harvey Hearing Room
[More Details](#)

Commission for Diversity, Inclusion & Community Relations

October 9, 2024, 6:00 PM
Gathering Room
[More Details](#)

Commission on Disability

October 9, 2024, 6:00 PM
Harvey Hearing Room
[More Details](#)

NEMMC District Board of Commissioner

October 10, 2024, 9:00 AM
NEMMC
[More Details](#)

Council on Aging

October 10, 2024, 10:30 AM
Senior Center
[More Details](#)

Library Board of Trustees

October 10, 2024, 5:30 PM - 6:30 PM
Winthrop Public Library, Bergman Room
[More Details](#)

Public Works Committee

October 10, 2024, 5:30 PM
Harvey Hearing Room
[More Details](#)

Winthrop residents can easily access own of Winthrop public meeting schedules and agendas with one click! Simply go to www.winthropma.gov

Where would you like to see the new Fire Station Built?

The Winthrop Town Council is conducting a town-wide survey question with two options for the location of a new Fire Station. This survey aims to gauge community and resident support for each location. Scan the QR code to complete the survey.

TOWN OF WINTHROP
WWW.WINTHROPMA.GOV



3rd Annual
WINTHROP RECOVERY EVENT

ALERT! DATE CHANGE

PLEASE JOIN US IN REMEMBERING THOSE WHO HAVE LOST THEIR BATTLE TO OVERDOSE OR ADDICTION

NEW DATE: Thursday, October 3, 2024
5:30pm-8:30pm

WHERE: Winthrop Town Hall Lawn
*****If it rains, we will relocate inside OLD MIDDLE SCHOOL*****

Join us for a candlelight procession to French Square. Food and refreshments will be served.

Purple bows will be placed around different poles in Winthrop in remembrance.

Winthrop Department of Public Health & Clinical Services



STREET SWEEPING SCHEDULE

Street Sweeping operations occur on the last full week of the month (last week with a Friday) from April through October between 7am and 4pm on the day of a street's trash collection. If there is a holiday on the week of street sweeping, sweeping is done one week early. Town ordinance prohibits on-street parking on the day of sweeping. Violation of the ordinance carries a \$40 fine, and your vehicle can be towed.

The 2024 street sweeping dates are:

April 22-26 (week of the 22nd) May 20-24 (week of the 20th)
June 24-28 (week of the 24th) July 22-26 (week of the 22nd)
August 26-30 (week of the 26th) September 23-27 (week of the 23rd)
October 21-25 (week of the 21st)



Town of Winthrop Upcoming Road Work



Reconstruction & Related Work along Winthrop Street & Revere Street Corridor

Project No. 607244-122603
Federal Aid No. CMQ-0036(014)X, STP-0036(014)X, TAP-0036(014)X A. R. BELLI, INC

Week of 9/30/2024

Finish drainage work into Main/Winthrop St intersection

Week of 10/7/2024

Drainage on west side of Main St in the Winthrop/Main St intersection

Week of 10/14/2024

Drainage on south side in the Winthrop/Main St intersection

Week of 10/21/2024

**Finish drainage work at Winthrop/Main St intersection
Start drainast on Revere St (beginning at No. 283)**

**Please follow all posted signage in the area.
EXPECT DETOURS AND DELAYS**

Questions? Call the Winthrop DPW at 617-846-1341.

NANCI ST. GEORGE

PHOTOGRAPHY



EXPLORE A COLLECTION OF
SUMMER IN WINTHROP
BIRDS AND BEES AND
BUTTERFLIES

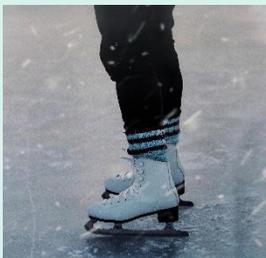
THE CLOCK TOWER GALLERY
46 PAULINE STREET WINTHROP

EXHIBIT RUNS THROUGH OCTOBER
GALLERY HOURS:
THURS. 1:00 P.M. TO 4:00 P.M.
SAT. 1:00 P.M. TO 3:00 P.M.
SEP. 14, 28, OCT 12, 26

DISCOVER WINTHROP HISTORY IN THE HERITAGE ROOM

PUBLIC SKATE

Public Skating
at the rink
begins Sunday
October 13th.
Every Sunday
12:40 to
1:50pm for \$3.



Securing the Future of Our Schools



Join Us for a Series of Town Hall Meetings on the 2.5 Override

Learn why the override is essential to maintaining the quality of education in our community and how it impacts students, staff, and families.

Join Superintendent Lisa Howard in Person

Discover multiple opportunities to learn more and get involved:

Thursday, October 10th,
5:00 – 7:00 PM
Winthrop High School,
During Curriculum Night

Tuesday, October 15th,
1:00 – 3:00 PM
Harvey Hearing Room, Winthrop
Town Hall

Virtual Town Hall Sessions

Can't attend in person? Participate online with School Committee members and Superintendent Lisa Howard:

- 1 The Financial Challenges We Face** – Wednesday, October 16th, 6:00 – 7:00 PM | via Zoom – Understand the school district's financial struggles and why the 2.5 override is critical for preserving programs and services.
- 2 What's at Stake?** – Wednesday, October 23rd, 7:00 – 8:00 PM | via Zoom – Learn about the potential consequences of not securing the override, including staff cuts, reductions in extracurricular activities, and losses of essential student resources.
- 3 Open Forum & Q&A** – Wednesday, October 30th, 7:00 – 8:00 PM | via Zoom (with School Committee members only) An open forum for residents to voice their concerns, ask questions, and engage with School Committee members directly.

Special School Committee Forum – Monday, October 21st, 6:00 PM– Attend in person or via Zoom – Join us for a meeting focused solely on the override.

Stay Informed & Get Involved!

Missed a session? No problem! Recordings will be available on social media and through email campaigns.

For any questions, feel free to reach out to Superintendent Lisa Howard or any School Committee member via email.

Lisa Howard, Superintendent
lhoward@winthrop.k12.ma.us

Jen Powell, Chairperson
jpowell@winthrop.k12.ma.us

Julie Barry, Vice Chairperson
juliebarry@winthrop.k12.ma.us

2024 TOWN OF WINTHROP STREET LISTING BOOKS NOW AVAILABLE

2024 Street Listing books are now available for \$25 in the Town Clerk's office. Books will also be available online next month.

WINTHROP COUNCIL ON AGING

SENIOR VAN



The Senior Van runs Monday - Thursday from 8:45am to 3pm. Reservations must be made at least 2 weekdays in advance of your trip.

Medical rides will be prioritized. A full list of destinations and pricing is available on our website and in our newsletter. To schedule a ride, call the Senior Center at: 617-846-8538.

*Free Winthrop van rides are limited to two roundtrip rides per day.

Destination	Round Trip
Local (Winthrop Area)	FREE*
Revere MGH (Beach)	\$5
Stop & Shop	\$5
Beth Israel (Chelsea)	\$7
East Boston Neighborhood Health Center	\$7
Revere MGH (Broadway)	\$7
Chelsea MGH/Market Basket (Chelsea)	\$8

Stay informed of all town notifications:



Sign up for Code Red & the Town Manager's Blog
Town Website
Facebook

Contact the Town Manager's Office

(617) 846-1705

email: townmanager@winthropma.gov

Thrift Shop Dates - 2024

First Church of Winthrop United Methodist
217 Winthrop Street - Back Entrance
Time: 10:00 am - 1:00 PM



2nd and 4th Thursday and Saturday of month
Women's, Men's and Children's Clothing

FRIENDS OF BELLE ISLE MARSH

Harvest Festival

SUNDAY, OCTOBER 20, 1-3PM

BELLE ISLE MARSH RESERVATION, 1399 BENNINGTON STREET,
EAST BOSTON (ACROSS FROM SUFFOLK DOWNS T STATION, BLUE LINE)

FREE
AND OPEN TO
THE PUBLIC

- ACTIVITIES FOR ALL AGES
- NATURE WALKS
- LIVE MUSIC
- COMMUNITY CONNECTIONS



AMIGOS DE BELLE ISLE MARSH

Fiesta de la cosecha

DOMINGO 20 DE OCTUBRE, 13:00-15:00 HORAS

RESERVA DE PANTANOS DE BELLE ISLE, 1399 BENNINGTON STREET,
EAST BOSTON (FRENTE A LA ESTACIÓN T DE SUFFOLK DOWNS, LÍNEA AZUL)

GRATIS
Y ABIERTO
AL PÚBLICO

- ACTIVIDADES PARA TODAS LAS EDADES
- PASEOS POR LA NATURALEZA
- MÚSICA EN VIVO
- CONEXIONES COMUNITARIAS



Green Waste/Yard Waste Transfer Station Information



Open:
April 6th-December 7th, 2024

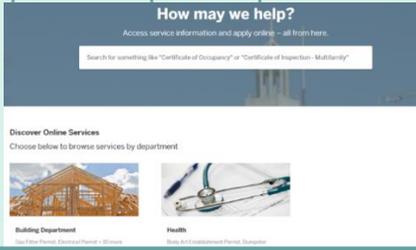
Hours:
Fridays: 9a-12p and 3a-6p
Saturdays: 9a-12p and 1p-3p

What is Green Waste? Green waste is yard waste which is banned from regular trash collection. This waste includes grass, leaves, vines, hedge trimmings, and small to medium-sized branches under 3" in diameter. Root balls and branches over three inches are not accepted. Other wastes, such as rocks, plastic, construction material, trash, or animal waste cannot be mixed with green waste.

APPLY FOR PERMITS ONLINE

The Town of Winthrop has partnered with OpenGov to drive efficiency for staff and improve the quality and convenience of services for community members with technology that automates permitting and licensing approvals processes, allows for online inspections management, and provides a user-friendly online portal for applicants. Residents can now apply for permits, request inspections and access information online from the Building Department and Public Health Departments.

<https://winthropma.viewpointcloud.com/>



Flu Vaccine Clinics

(Registration Encouraged)



TUESDAYS
9:00AM-5:00PM

Winthrop Public Health
EB Newton Building
45 Pauline Street, 1st FL



OFFERING TO AGES 2+



FLU MIST



REGULAR DOSE



HIGH DOSE

Contact Us

(617) 539-5837



Winthrop Department of Public Health & Clinical Services



Winthrop Department of Public Health & Clinical Services
(617) 539-5837

WALK-IN FLU VACCINE CLINIC

Let's protect yourself and your loved ones



SATURDAY | OCTOBER 5, 2024
9:00am – 1:00pm

WINTHROP SENIOR CENTER
35 HARVARD STREET
WINTHROP, MA 02152

Offering to Ages 2+

- Flu Mist
- Regular Dose
- High Dose

Meet with my staff here in Winthrop!

FEDERAL BENEFIT HELP

ASK QUESTIONS

SHARE YOUR OPINION

Winthrop Public Library's Berman Room
3rd Wednesday of every month – 12 PM to 2 PM

To get help or share an opinion online, go to
KATHERINECLARK.HOUSE.GOV

Coming this Fall
at the **E.B. Newton Cultural Center, Lyceum Room, 45 Pauline St.**

WPL&M
Winthrop Public Library & Museum

Wednesday, October 23th at 6:00 p.m.



Bon Voyage Forever!

From the Delvena Theatre Company - An exciting, live, comedy murder mystery performance set on a cruise of a lifetime.

Wednesday, October 30th at 6:00 p.m.



Travels through the Heart and Soul of New England

After 25 years of reporting all around New England, Ted Reinstein has now condensed his travels into a book about the most memorable people he has met.

Wednesday, November 6th at 6:00 p.m.



Popular Music and Veterans

Jon and Li Waterman explore through songs and an accompanying slideshow some of the experiences and sacrifices of veterans throughout American history.

Tuesday, November 12th at 6:00 p.m.



The Great Abolitionist: Charles Sumner and the Fight for a More Perfect Union

Stephen Puleo relates the story of Massachusetts' Charles Sumner. In the 1800's as the country careened toward civil war, his voice denouncing slavery rang strongest, bravest, and most unwavering.

THE LIONS EYEMOBILE IS COMING TO TOWN !

Sunday, October 6th 12- 4pm
at the Odd Fellows Zenith Lodge
196 Winthrop St. Winthrop, MA

The Lions EyeMobile will be serving the Winthrop Community with a complimentary eye exam. No appointments needed. They also will be collecting used eyeglasses.



WHS STUDENT COUNCIL

BACK TO SCHOOL SUPPLY DRIVE!

September 20th-October 11th

STUCO is holding a school supply drive for kids who need help getting new supplies for the new school year! There will be a box in front of the front office where you can donate school supplies! ***backpacks are in need***

ALL DONATION ARE APPRECIATED!!

Why was my trash/recycling not collected? Why did I receive a trash violation?

- Residents in 1-3 unit dwellings are permitted to utilize one (1) Town-issued trash bin and one (1) Town-issued recycling bin per unit, per dwelling. Bins are Town property. Bins are to remain at the assigned address. Please label each bin with your address/ unit number.
- All trash and recycling should be neatly stored in your Town-provided bins on your property.
- All trash is to be bagged inside the trash bin. Bags/items placed on the curb WILL NOT be collected.
- All recyclables are to be unbagged, and free-flowing in the recycling bin.
- Any trash that does not fit in your closed Town-issued trash bin must be in a Town of Winthrop Pay-As-You-Throw Overflow Trash Bag. These bags must be placed inside a covered bin supplied by the resident. These bags are for household trash only. Do not place hazardous waste, yard waste, recyclables, construction debris, hazardous waste, textiles, or banned materials in these bags. Overflow bags are sold in sleeves of 5 bags for \$15.00. Bags are available at the DPW, Town Hall, Cumberland Farms, T&T, and QuickFood Mart.
- Please note: Bug-infested items and rain-soaked items may be rejected by the hauler for pickup. You will need a private hauler for your item if this occurs. Items outdoors to be given away for FREE must be on your property and not on any public sidewalk or way. Items not taken after 48 hours need to be removed. Fines may be assessed for items on a public sidewalk or not removed from your property within 48 hours.

The hauler will not collect any trash placed for pickup not following these regulations. Violations of solid waste ordinances and regulations will result in trash or recycling being rejected. A violation or fine may be assessed in accordance with the State Sanitary Code and Town of Winthrop Board of Health Trash/Recycling ordinances.

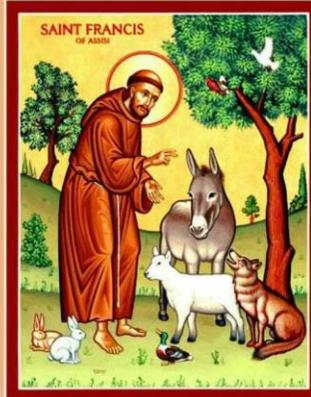
The removal of uncollected trash/recycling becomes the responsibility of the homeowner/tenant.



St. John's Episcopal Church

BLESSING of the ANIMALS

Celebrating the feast of St. Francis of Assisi



Sunday
October 6th
5:30pm

On The Church Lawn
222 Bowdoin St.
Winthrop

All Pets Should Be
Leashed or in Carriers

& Shelter Pet Supply Drive!

to benefit local Animal Shelters.....In Need of:

Canned Dog & Cat Food	Cat Litter	Soft Dog & Cat Treats	
Towels and Blankets	Dog Beds	Cat Trees	
HE Laundry Detergent	Paper Towels	Trash Bags	Bleach
Gift Cards > Target > Gas > Pet Stores			

WHS STUCO PRESENTS ...

Football

BBQ!

KICK OFF THE NIGHT BY
JOINING US BEFORE
THE FOOTBALL GAME!

MIDDLE SCHOOLERS AND
BELOW MUST BE
ACCOMPANIED BY A PARENT
OR GUARDIAN TO ATTEND

GAMES - FOOD - RAFFLES

\$5
ENTRY

FRIDAY OCTOBER 4TH,
4:30 PM
LITTLE LEAGUE FIELD

*FOOD AND RAFFLES ARE NOT INCLUDED WITH
ENTRY FEE*

SIT AND SEW

OCTOBER 12, 2024
10:30 A.M. TO NOON

We will be making fabric pumpkins,
and as always bring your projects!

Winthrop Public Library
Hazlett Room

Two Metcalf Square, Winthrop, MA
Join in an informal sewing,
knitting, crochet,
embroidery, circle

Winthrop Parks & Recreation

FALL FAIR & CRAFT SHOW

Saturday, October 12th 2024

11:00 AM - 3:00 PM at Ingleside Park

Raindate Sunday, October 13th

Craft Table Spaces Available

\$25 per table must provide own table

Register online at winthroprec.com or come by the office located
in the back of the Old Middle School!

Pumpkin Patch - Pumpkin Painting,
Inflatables, Train Rides, Pony Rides,
Food, Crafts, Music & More!



HALLOWEEN COSTUME PARTY FUNDRAISER

OCTOBER 26, 6:30 PM

COTTAGE PARK YACHT CLUB, 76 ORLANDO AVE

PRIZES FOR:
• BEST COSTUME
• COUPLE COSTUME
• GROUP COSTUME



TIX: \$30, CASH OR VENMO @WINTHROPLITTLELEAGUE02152

Fall Bake Sale!

Saturday, October 5th
French Square
9:00am-12:00pm

St. John's Episcopal Church
222 Bowdoin St. Winthrop, Ma.

FALL CRAFT FAIR

October 12th
Saturday 10am-2pm

Jewelry * Candles * Soaps
Woodworks & Seaside Decor
Wreaths * Crochet * Pottery
Cards * Fall & Holiday Gifts
Lobster Lunches and More!

(A Generous Lobster Roll, Bag of Chips & Triple-Chocolate Brownie for only \$20)



To Pre-Order your Lobster Lunch call or text the church by Wed. Oct. 9th @ 617-846-2363 and leave a message

At the E.B. Newton Cultural Center, Lyceum Room, 45 Pauline St.

WPL&M Winthrop Public Library & Museum

Winthrop Public Library welcomes back the Delvena Theatre Company

Bon Voyage Forever!



An exciting, live, comedy murder mystery performance set on a cruise of a lifetime. Murder on a cruise? Who dunnit? Lots of audience interaction, token prizes and fun!

Wednesday, October 23rd at 6:00 p.m.

Sailing is limited. Please register on the Calendar section of the library website: winthroppubliclibrary.org

Winthrop Public Library & Museum
617 846-1703 www.winthroppubliclibrary.org

While you are there visit the Winthrop Heritage Room and The Clock Tower Gallery from 5:30 to 8:00 p.m.

This performance is funded in part by a grant from the Winthrop Cultural Council, which is supported by the Massachusetts Cultural Council, a state agency.

WHS SENIOR CLASS OF 2025 FUNDRAISER

RUNS OCTOBER 1-29, 2024

BOO MY YARD!

WANT TO HAUNT A FRIEND?

Sign up to have a Winthrop address of your choice "BOO'd" for 48 hours! After that, your victim will have the chance to BOO someone else and keep the fun going!

Minimum donation: \$15 per Boo payable via VENMO with "BOO" @ Kayla-McKinnon-1

[CLICK BELOW OR SCAN CODE TO ORDER](#)

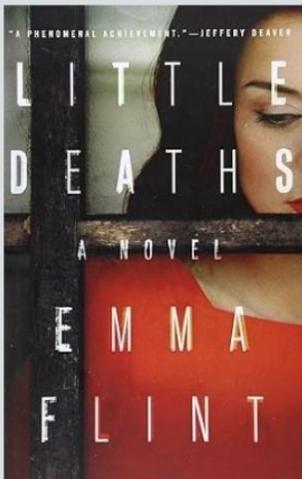
ORDER NOW



or Email your completed order to:

Danielle Reardon, Class of 2025 Parent Advisor
danielle.reardon@comcast.net

All BOO's will be removed after 48 hours whether they are helped to move on or must find their own way!



Winthrop Public Library & Museum
2 Metcalf Square

Mystery Book Club

November 6, 2024 10:30 a.m.

Hazlett Room

October Is White Cane Awareness Month



**Stop for White Cane
And
Dog Guide Users
At
Street Crossings
It's the LAW!**

Massachusetts White Cane Law: General Law Chapter 90 Section 14A
For more information, contact the Massachusetts Commission for the Blind
or 800-392-6450-V 800-392-6556-TTY www.mass.gov/mcb

OCTOBER IS WHITE CANE AWARENESS MONTH

Massachusetts' White Cane Law states that all motorists, whenever they see a pedestrian who uses a dog guide or a white cane at a street crossing, must come to a complete stop. Whoever violates this law can be ticketed by the police for a fine of \$100 and \$500.

The white cane is a symbol of independence and blindness. International White Cane Day is October 15.

- > Remember! Pedestrians who are legally blind always have the right of way at street crossings!!
- > If you are another walker at the crossing, do not grab the person, cane or dog guide! Instead, ask if the person needs assistance.
- > And, do not pet a Dog Guide. Dog Guides are working & should not be petted because it can be distracting for the dog.



Please Come to Celebrate
International White Cane Day

Celebrate the independence of white canes and raise
public awareness of the White Cane Law!



Friday, October 18, 2024

Massachusetts Statehouse, Boston MA
(Drop off address at 122 Bowdoin St., Boston 02108)
10 a.m. – 1 p.m. at Great Hall of Flags

Show Your Independence and celebrate the White Cane! White Cane & Guide Dog Users Bring Family, Friends, Orientation & Mobility Specialists, Vision Professionals, and Others to raise White Cane Awareness!

For more information on this Celebration, contact the Orientation and Mobility Department at the Massachusetts Commission for the Blind 800-392-6450

Massachusetts White Cane Law: General Law Chapter 90 Section 14A Stop for White Cane and Dog Guide Users at Street Crossings-It's the LAW!

Top 10 List of DON'Ts For Motorists When They See a Pedestrian Using a White Cane or Dog Guide at a Street Crossing

(Adapted from "The Ten List of What Motorists Shouldn't Do When They See A Blind Person" Hazard/Zelaya 1998)

10. **Don't** stop your car more than five feet from the crosswalk line.
9. **Don't** yell out "it's OK to cross".
8. **Don't** get impatient when waiting for pedestrian who is visually impaired to cross. If the pedestrian places the long cane into the street, it usually indicates he or she will begin a street crossing. If the cane traveler takes a step back & pulls back the cane from the curb, it usually indicates the person may not be crossing at that time.
7. **Don't** consider a "rolling" stop as a complete stop. A stop sign means STOP!
6. **Don't** turn right on red without coming to a full stop and looking for pedestrians. The Right on Red Law requires drivers to come to a **complete stop** prior to making right turn.
5. **Don't** fail to stop for pedestrians at all crosswalks whether or not there is a traffic signal or stop sign. Come to a full stop.
4. **Don't** stop your car in the middle of the crosswalk.
3. **Don't** pass another car, stopped, waiting for pedestrians to cross the street.
2. **Don't** wave to pedestrians who are using a white cane or dog guide to indicate that you are waiting for them to cross. They CANNOT see you.
1. **Don't** honk!

Massachusetts White Cane Law*: All motorists, whenever they see a pedestrian who uses a dog guide or a white cane at a street crossing, **must come to a complete stop. The person with the White Cane or Guide Dog always have the right of way!**

*Massachusetts General Laws Chapter 90 Section 14A

MASSACHUSETTS WHITE CANE LAW

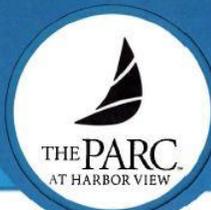
All motorists, when they see a pedestrian who uses a dog guide or a white cane at a street crossing, **must come to a complete stop.**

Massachusetts General Laws Chapter 90 Section 14A: Protection of blind pedestrians crossing or attempting to cross ways

Whenever a totally or partially blind pedestrian, guided by a guide dog or carrying in a raised or extended position a cane or walking stick which is white in color or white tipped with red, crosses or attempts to cross a way, the driver of every vehicle approaching the place where such pedestrian is crossing or attempting to cross shall bring his vehicle to a full stop, and before proceeding shall take such precautions as may be necessary to avoid injuring such pedestrian. A person who owns an animal shall restrain and control such animal on a leash when in proximity to a guide dog that is on a public or private way. Nothing contained in this section shall be construed to deprive any totally or partially blind person, not carrying such a cane or walking stick or not being guided by a dog, of the rights and privileges conferred by law upon pedestrians crossing ways, nor shall the failure of such blind person to carry a cane or walking stick or to be guided by a guide dog while on the ways of this commonwealth be held to constitute or be evidence of contributory negligence. Whoever violates any provision of this section shall be punished by a fine of no less than one hundred nor more than five hundred dollars.



Mystic Valley Elder Services
"Emergency Closet"
Donation Drive
At



The Parc at Harbor View will be accepting donations on behalf of Mystic Valley Elder Services for the whole month of October 2024. Please drop off all items to be donated at 46 Lincoln Street.

Winthrop, MA. 02152.

For more information please call

The Parc at Harbor View at 617-207-3009 or

MVES at 781-324-7705

Our closet depends on donations! By donating these items to the Mystic Valley Elder Services (MVES) Emergency Closet, you can make a huge difference in someone's life.

Toiletries

- Flushable Wipes
- Shampoo and/or conditioner
- Soap

Bedding

- Towels (new)
- Sheets (new: queen, full or twin size)
- Blankets (new)

Household Items

- Puzzle books - large print
- Pill organizers (Day of the Week pill holders)
- Paper goods - napkins, paper towels, toilet paper

Special Item

- Gift Cards to local grocery stores, pharmacies

MVES sincerely appreciates your support of the Emergency Closet. Money donations can also be designated to purchase needed items. Please scan the code with your smartphone, or visit www.mves.org/donate. For more information, please contact the Development Office at development@mves.org.



MVES is a non-profit organization that provides programs and services for older adults, people with disabilities, and their caregivers. Since 1975, we have helped people live safely and independently in a setting of their choice. We serve the communities of Chelsea, Everett, Malden, Medford, Melrose, North Reading, Reading, Revere, Stoneham, Wakefield and Winthrop.

781-324-7705



www.mves.org

Make Your Voice Count Early!

Election Day
November 5



TOWN OF WINTHROP
EARLY VOTING



Why wait? Skip the lines and take control of your future. Early voting is your chance to cast your ballot at your convenience. Join us to make sure your voice is heard!

EARLY VOTING SCHEDULE AT WINTHROP TOWN HALL

Saturday, October 19	10:00 AM - 4:00 PM
Monday, October 21	8:00 AM - 4:30 PM
Tuesday, October 22	8:00 AM - 7:00 PM
Wednesday, October 23	8:00 AM - 4:30 PM
Thursday, October 24	8:00 AM - 7:00 PM
Saturday, October 26	9:00 AM - 5:00 PM
Monday, October 28	8:00 AM - 4:30 PM
Tuesday, October 29	8:00 AM - 7:00 PM
Wednesday, October 30	8:00 AM - 4:30 PM
Thursday, October 31	8:00 AM - 4:30 PM

Beat the crowds, avoid the rush, and cast your vote at your convenience. Your voice matters in shaping the future—don't wait until Election Day!

Last Day to Register to Vote 10/26 by 5:00 PM

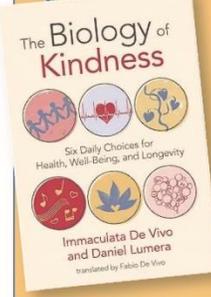
For more information

Call 617-846-1742 or visit:
www.WINTHROPMA.GOV

Mystic Valley Elder Services
invites you to the
Independence Legacy Society Luncheon
featuring
Dr. Immaculata De Vivo



Wednesday, November 20, 2024
12:30 to 2:30 PM
Mystic Valley Elder Services
300 Commercial St., #19, Malden, MA
Featured Speaker: Dr. Immaculata De Vivo -
"The Biology of Kindness, Six Daily Choices for Health,
Well-Being, and Longevity"



MVES Independence Legacy Society members and others interested to learn more about the society are invited to join us at the annual MVES Independence Legacy Society Luncheon. Come learn about the impact of planned gifts for people served by MVES and how you can leave your legacy to benefit your community.

Dr. Immaculata De Vivo, Professor of Medicine at Harvard Medical School, Professor of Epidemiology at the Harvard T. H. Chan School for Public Health and an international leader in the area of molecular and genetic epidemiology of cancer, will speak about her book, "The Biology of Kindness, Six Daily Choices for Health, Well-Being, and Longevity." Dr. De Vivo will share how scientific evidence supports that doing good things and showing kindness to others can actually lead to a long, healthy, and happy life.

Lunch will be served. Admission is free but seating is limited and an RSVP is required. Reserve your spot at www.bit.ly/ILS-2024. For more information, please contact Jenny Vanasse, Director of Development at 781-388-4802.

The first 25 people who register and attend this event will also receive a free copy of Dr. De Vivo's book, "The Biology of Kindness, Six Daily Choices for Health, Well-Being, and Longevity."



MVES FEED THE NEED HARVEST PARTY

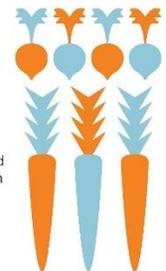
Family style dinner and The Hot Spot Cabaret Show!*

Wednesday, October 23, 2024
Irish American Club
177 West Street, Malden, MA 02148
6:00-9:00P.M.

\$75 per person

You will support Meals on Wheels and food assistance for older adults and people with disabilities.

The event will feature a 50/50 drawing, raffle baskets and a door prize.



THANK YOU FOR YOUR SUPPORT FOR YOUR NEIGHBORS IN NEED!



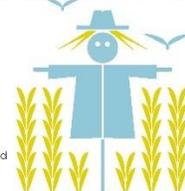
SCAN FOR TICKETS AND DONATIONS



Special thank you to Presenting Sponsor



*The Hot Spot Cabaret is a musical comedy revue featuring lively songs by 5 seasoned performers and a pianist. Family style dinner by Henry's Catering. Please email dietary restrictions to development@mves.org.






Are you looking to navigate challenging feelings?

Have you been experiencing more stress these days?

Do you want to talk about things that bother you?

Would you like to connect with a Behavioral Health specialist?



The Behavioral Health Outreach for Aging Populations (BHOAP) Program is here to help.



This program is available in multiple languages.



Open to MVES consumers aged 60 and up

To learn more or make a referral, call 781-324-7705 or email info@mves.org

Support for ages 60+ that meets you where you are



A Behavioral Health Specialist will be holding office hours at the Robert A. DeLeo Senior Center (located at 35 Harvard Street, Winthrop) from 11:30 am – 12:30 pm on Wednesday, September 25. No appointment needed.

WINTHROP – QUINCY FERRY (F6)

Winthrop – Quincy – Logan Airport – Seaport – Aquarium



Weekday Schedule Effective April 29, 2024

Weekday service operates April 29, 2024 to November 30, 2024.

Replaces schedule dated: September 1, 2023

To Boston				
Winthrop	Quincy	Logan Airport	Seaport	Aquarium
6:30 AM	6:50 AM	7:10 AM	7:20 AM	7:25 AM
8:00 AM	8:20 AM	-	8:40 AM	8:45 AM
-	-	-	-	-
10:30 AM	10:50 AM	11:10 AM	11:20 AM	11:25 AM
3:30 PM	3:50 AM	4:10 PM	-	4:20 PM
5:20 PM	-	-	-	5:40 PM
6:40 PM	-	-	7:00 PM	7:05 PM

From Boston				
Aquarium	Seaport	Logan Airport	Quincy	Winthrop
7:30 AM	-	-	-	7:45 AM
8:50 AM	-	9:00 AM	-	-
10:00 AM	-	-	-	10:15 AM
11:30 AM	-	-	-	11:45 AM
4:30 PM	4:35 PM	-	4:50 PM	5:15 PM
5:45 PM	5:50 PM	6:00 PM	6:15 PM	6:35 PM
7:10 PM	7:15 PM	7:25 PM	7:45 PM	8:05 PM

Fares
Fares (One-Way) \$6.50 full fare \$3.25 reduced fare Children 11 and under ride free.

Accepted Fare Products
Paper Ferry tickets Commuter Boat passes Commuter Rail Zone 1 (or higher) passes MT cards